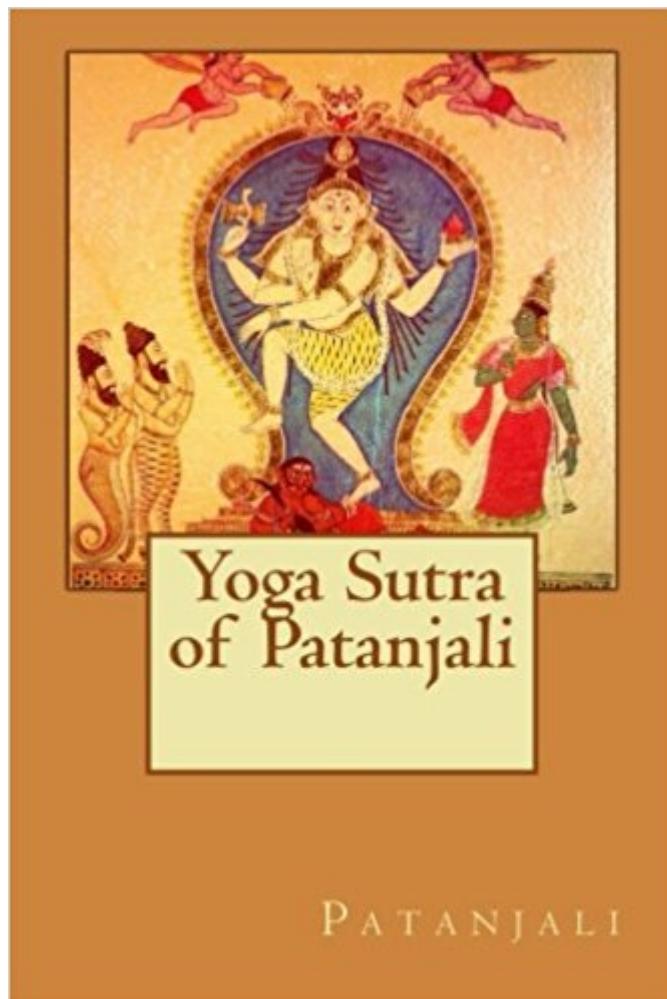


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# Yoga Sutra Of Patanjali



## Synopsis

The Yoga Sutras of Patanjali are in themselves exceedingly brief, less than ten pages of large type in the original. Yet they contain the essence of practical wisdom, set forth in admirable order and detail. The theme, if the present interpreter be right, is the great regeneration, the birth of the spiritual from the psychical man: the same theme which Paul so wisely and eloquently set forth in writing to his disciples in Corinth, the theme of all mystics in all lands.

## Book Information

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## Customer Reviews

With the possible exception of the Bhagavad Gita, the Yoga Sutras of Patanjali is one of the most translated Hindu scripture in existence. The Commentaries are innumerable and rival in number to the translations as well. This book joins the ranks in the many available English versions. The translator of this version — not apparently identified in the book — points out that this is an “interpretation” of this great work. This version contains a commentary on each sutra. It also is a drastic reinterpretation of the work, creating a new terminology in the process. The meaning is there, the essence of the various sutras are present, but instead of retaining the original Sanskrit word of the various concepts found therein, or an ordinary translation, the translator/interpreter has employed his/her own terminology. Thus, instead of *avidya*, ignorance, the translator/interpreter uses

“unwisdom.” The gunas are “potencies of nature.” Samskaras become “mind-impressions,” and pratyayas become “mind images.” Dharana becomes,

ÃƒÂ¢Ã  ¬Ã  Å“attention,ÃƒÂ¢Ã  ¬Ã  Å• dhyana becomes  
ÃƒÂ¢Ã  ¬Ã  Å“meditation,ÃƒÂ¢Ã  ¬Ã  Å• samadhi becomes ÃƒÂ¢Ã  ¬Ã  Å“soul  
vision,ÃƒÂ¢Ã  ¬Ã  Å• and samyana, the combined concentration of dharana, dhyana, and  
samadhi, becomes ÃƒÂ¢Ã  ¬Ã  Å“perfectly concentrated meditation.ÃƒÂ¢Ã  ¬Ã  Å•Using  
terminology in this manner is in many instances conveys more meaning because many of the  
original Sanskrit words cannot be adequately translated in a single word. The Sanskrit word, vritti is  
a good example. Some translations render this word as

ÃƒÂ¢Ã  ¬Ã  Å“fluctuations.ÃƒÂ¢Ã  ¬Ã  Å• It usually takes a commentary to further explain to  
meaning of vrittis. This interpretation uses the phrase, ÃƒÂ¢Ã  ¬Ã  Å“versatile psychic  
nature.ÃƒÂ¢Ã  ¬Ã  Å•This is an entirely different approach to the Yoga Sutras. While other  
translations have translated the sutras with more descriptive wording, and others have simply  
retained the original Sanskrit, this presentation goes farther in creating a entirely new terminology  
wholesale. It is an acquired taste, and you will probably be reading this reinterpretation with another  
conventional translation at hand to ÃƒÂ¢Ã  ¬Ã  Å“translateÃƒÂ¢Ã  ¬Ã  Å• the  
translator/interpreterÃƒÂ¢Ã  ¬Ã  Å„cs meaning, but this version will increase your understanding  
of this work.

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